

#### Sahih Bukhari English

The Most Authenticated Book of Hadith

Muhammad Ibn Ismail al-Bukhari popularly known as Imam Bukhari, (810-870AD), was a Sunni Islamic scholar. He authored the Hadith collection named *Sahih Bukhari*, a collection which Sunni Muslims regard as the most authentic of all Hadith compilations. Bukhari wrote three works discussing narrators of Hadith with respect to their ability in conveying their material: the "brief compendium of Hadith narrators," "the medium compendium" and the "large compendium". The large compendium is published and well-identified.

# The Book of Food, Meals

Ahadith 94

(5463-5566)

بِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, Most Gracious, Most Merciful

# Eat the lawful things that We have provided you..."

Allah Almighty said:

يَ<sup>ن</sup>َأَيُّهَا ٱلَّذِينَ ءَامَنُواْ كُ لُواْ مِن طَيِّبَاتِ مَا رَزَقْنَاكُمْ المسالم ماسم معرف

O ye who believe!

eat of the good things that We have provided for you, (2:172)

Allah Almighty said:

أَنفِقُواْ مِن طَيِّبَاتِ مَا كَسَبْتُمَ

give of the good things which ye have (honorably) earned, (2:267)

Allah Almighty said:

كْلُوا مِنَ الطَّبِّبَاتِ وَاعْمَلُوا صَالِحًا إِنِّي بِمَا تَعْمَلُونَ عَلِيمٌ

enjoy (all) things good and pure, and work righteousness:

for I am well-acquainted with (all) that ye do. (23:51)

Hadith # 5373

Narrated Abu Musa Al-Ash`ari:

The Prophet (pbuh) said,

- "Give food to the hungry,
- pay a visit to the sick and
- release (set free) the one in captivity (by paying his ransom)."

### Hadith # 5374

#### Narrated Abu Huraira:

The family of Muhammad did not eat their fill for three successive days till he died.

# Hadith # 5375 Narrated Abu Huraira:

Once while I was in a state of fatigue (because of severe hunger), I met 'Umar bin Al-Khattab, so I asked him to recite a verse from Allah's Book to me. He entered his house and interpreted it to me.

Then I went out and after walking for a short distance, I fell on my face because of fatigue and severe hunger. Suddenly I saw Allah's Apostle standing by my head. He said, "O Abu Huraira!" I replied, "Labbaik, O Allah's Messenger (pbuh), and Sadaik!"

Then he held me by the hand, and made me get up. Then he came to know what I was suffering from. He took me to his house, and ordered a big bowl of milk for me. I drank thereof and he said, "Drink more, O Abu Hirr!" So I drank again, whereupon he again said, "Drink more." So I drank more till my belly became full and looked like a bowl.

Afterwards I met 'Umar and mentioned to him what had happened to me, and said to him, "Somebody, who had more right than you, O 'Umar, took over the case. By Allah, I asked you to recite a Verse to me while I knew it better than you."

On that Umar said to me, "By Allah, if I admitted and entertained you, it would have been dearer to me than having nice red camels.

# Mention the Name of Allah on starting to eat, and use right hand.

## Hadith # 5376

#### Narrated `Umar bin Abi Salama:

I was a boy under the care of Allah's Messenger (pbuh) and my hand used to go around the dish while I was eating. So, Allah's Messenger (pbuh) said to me,

'O boy! Mention the Name of Allah and eat with your right hand, and eat of the dish

#### what is nearer to you."

Since then I have applied those instructions when eating.

# To eat of the dish what is nearer to you

#### Hadith # 5377

#### Narrated `Umar bin Al Salama:

Who was the son of Um Salama, the wife of the Prophet: Once I ate a meal with Allah's Messenger (pbuh) and I was eating from all sides of the dish. So Allah's Messenger (pbuh) said to me,

"Eat of the dish what is nearer to you."

#### Hadith # 5378

#### Narrated Wahb bin Kaisan Abi Nu'aim:

A meal was brought to Allah's Messenger (pbuh) while his step-son, `Umar bin Abi Salama was with him. Allah's Messenger (pbuh) said to him,

"Mention the Name of Allah and eat of the dish what is nearer to you."

# Eating from around the dish while taking meal with someone else.

### Hadith # 5379

#### Narrated Anas bin Malik:

A tailor invited Allah's Messenger (pbuh) to a meal which he had prepared. I went along with Allah's Messenger (pbuh) and saw him seeking to eat the pieces of gourd from the various sides of the dish. Since that day I have liked to eat gourd.

`Umar bin Abi Salama said: The Prophet, said to me, "Eat with your right hand."

# Eat with right hand, and to start with the right side

#### Hadith # 5380

#### Narrated `Aisha:

The Prophet (pbuh) used to love to start doing things from the right side whenever possible, in performing ablution, putting on his shoes, and combing his hair.

Al-Ash'ath said: The Prophet (pbuh) used to do so in all his affairs.

# Whoever ate till he was satisfied

# Hadith # 5381

#### Narrated Anas bin Malik

Abu Talha said to Um Sulaim, "I have heard the voice of Allah's Messenger (pbuh) which was feeble, and I think that he is hungry. Have you got something (to eat)?" She took out some loaves of barley bread, then took her face-covering sheet and wrapped the bread in part of it, and pushed it under my garment and turned the rest of it around my body and sent me to Allah's Messenger (pbuh).

I went with that, and found Allah's Messenger (pbuh) in the mosque with some people. I stood up near them, and Allah's Messenger (pbuh) asked me, "Have you been sent by Abu Talha?" I said, "Yes." He asked, "With some food (for us)?" I said, "Yes."

Then Allah's Messenger (pbuh) said to all those who were with him, "Get up!" He set out (and all the people accompanied him) and I proceeded ahead of them till I came to Abu Talha. Abu Talha then said, "O Um Sulaim! Allah's Messenger (pbuh) has arrived along with the people, and we do not have food enough to feed them all." She said, "Allah and His Apostle know better."

So Abu Talha went out till he met Allah's Messenger (pbuh). Then Abu Talha and Allah's Messenger (pbuh) came and entered the house. Allah's Apostle said, "Um Sulaim! Bring whatever you have." She brought that very bread.

The Prophet (pbuh) ordered that it be crushed into small pieces, and Um Sulaim pressed a skin of butter on it. Then Allah's Apostle said whatever Allah wished him to say (to bless the food) and then added, "Admit ten (men)." So they were admitted, ate their fill and went out.

The Prophet (pbuh) then said, "Admit ten (more)." They were admitted, ate their full, and went out. He then again said, "Admit ten more!" They were admitted, ate their fill, and went out. He admitted ten more, and so all those people ate their fill, and they were eighty men.

### Hadith # 5382

#### Narrated `Abdur-Rahman bin Abu Bakr

We were one hundred and thirty men sitting with the Prophet. The Prophet (pbuh) said, "Have anyone of you any food with him?" It happened that one man had one Sa of wheat flour (or so) which was turned into dough then. After a while a tall lanky

pagan came, driving some sheep.

The Prophet (pbuh) asked, 'Will you sell us (a sheep), or give (it to) us as a gift?" The pagan said, "No, but I will sell it " So the Prophet bought from him a sheep which was slaughtered, and then the Prophet (pbuh) ordered that the liver, the kidneys, lungs and heart, etc., of that sheep be roasted. By Allah, none of those one hundred and thirty men but had his share of those things.

The Prophet (pbuh) gave to those who were present, and also kept a share for those who were absent He then served that cooked sheep in two big trays and we all ate together our fill; yet there remained a part of it in those two trays which I carried on the camel.

### Hadith # 5383

#### Narrated `Aisha:

The Prophet (pbuh) died when we had satisfied our hunger with the two black things, i.e. dates and water.

# "There is no restriction on the blind..."

Allah permits:

لَّيْسَ عَلَى ٱلْأَعْمَىٰ حَرَجٌ وَلَا عَلَى ٱلْأَعْرَجِ حَرَجٌ .

it is no fault in the blind nor in one born lame, (24:61)

### Hadith # 5384

#### Narrated Suwaid bin An-Nu`man:

We went out with Allah's Messenger (pbuh) to Khaibar, and when we were at As-Sahba', "As-Sahba' a place at one day's journey to Khaibar." Allah's Messenger (pbuh) asked the people to bring their food, but there was nothing with the people except Sawiq. So we all chewed and ate of it. Then the Prophet (pbuh) asked for some water and he rinsed his mouth, and we too, rinsed our mouths.

Then he led us in the Maghrib prayer without performing ablution (again).

# Thin bread and eating at a dining table.

# Hadith # 5385

#### Narrated Qatada:

We were in the company of Anas whose baker was with him. Anas said,

The Prophet (pbuh) did not eat thin bread, or a roasted sheep till he met Allah (died).

# Hadith # 5386

#### Narrated Anas:

To the best of my knowledge,

the Prophet (pbuh) did not take his meals in a big tray at all, nor did he ever eat wellbaked thin bread, nor did he ever eat at a dining table.

## Hadith # 5387

#### Narrated Anas:

The Prophet (pbuh) halted to consummate his marriage with Safiyya. I invited the Muslims to his wedding banquet. He ordered that leather dining sheets be spread. Then dates, dried yoghurt and butter were put on those sheets.

Anas added: The Prophet (pbuh) consummated his marriage with Safiyya (during a journey) whereupon Hais (sweet dish) was served on a leather dining sheet.

## Hadith # 5388

#### Narrated Wahb bin Kaisan:

The People of Sham taunted `Abdullah bin Az-Zubair by calling him "The son of Dhatin-Nataqain" (the woman who has two waist-belts). His mother Asma, said to him,

"O my son! They taunt you with "Nataqain". Do you know what the Nataqain were? That was my waist-belt which I divided in two parts. I tied the water skin of Allah's Messenger (pbuh) with one part, and with the other part I tied his food container."

### Hadith # 5389

#### Narrated Ibn `Abbas:

That his aunt, Um Hufaid bint Al-Harith bin Hazn, presented to the Prophet (pbuh) butter, dried yoghurt and mastigures. The Prophet (pbuh) invited the people to those mastigures and they were eaten on his dining sheet, but the Prophet (pbuh) did not eat of it, as if he disliked it.

Nevertheless. if it was unlawful to eat that, the people would not have eaten it on the dining sheet of the Prophet (pbuh) nor would he have ordered that they be eaten.

# As-Sawiq

Hadith # 5390

#### Narrated Suwaid bin An-Nu`man

That while they were with the Prophet (pbuh) at As-Sahba' which was at a distance of one day's journey from Khaibar the prayer became due, and the Prophet (pbuh) asked the people for food but there was nothing with the people except Sawiq.

He ate of it and we ate along with him, and then he asked for water and rinsed his mouth (with it), and then offered the (Maghrib) prayer and we too offered the prayer but the Prophet did not perform ablution (again after eating the Sawiq.).

# The Prophet (saws) never used to eat anything unless it was named so he knows what it was

#### Hadith # 5391

#### Narrated Khalid bin Al-Walid:

That he went with Allah's Messenger (pbuh) to the house of Maimuna, who was his and Ibn `Abbas' aunt. He found with her a roasted mastigure which her sister Hufaida bint Al-Harith had brought from Najd.

Maimuna presented the mastigure before Allah's Messenger (pbuh) who rarely started eating any (unfamiliar) food before it was described and named for him. (But that time) Allah's Messenger (pbuh) stretched his hand towards the (meat of the) mastigure whereupon a lady from among those who were present, said, "You should inform Allah's Messenger (pbuh) of what you have presented to him. O Allah's Messenger (pbuh)! It is the meat of a mastigure."

On learning that Allah's Messenger (pbuh) withdrew his hand from the meat of the mastigure. Khalid bin Al-Walid said, "O Allah's Messenger (pbuh)! Is this unlawful to eat?" Allah's Messenger (pbuh) replied, "No, but it is not found in the land of my people, so I do not like it."

Khalid said, "Then I pulled the mastigure (meat) towards me and ate it while Allah's Messenger (pbuh) was looking at me.

# The food of one person is sufficient for two persons.

#### Hadith *#* 5392

#### Narrated Abu Huraira:

Allah's Messenger (pbuh) said,

"The food for two persons is sufficient for three, and the food of three persons is

# A believer eats in one intestine

### Hadith # 5393

#### Narrated Nafi`:

Ibn `Umar never used to take his meal unless a poor man was called to eat with him. One day I brought a poor man to eat with him, the man ate too much, whereupon Ibn `Umar said, "O Nafi`! Don't let this man enter my house, for I heard the Prophet (pbuh) saying,

"A believer eats in one intestine (is satisfied with a little food), and a kafir (unbeliever) eats in seven intestines (eats much food)."

### Hadith # 5394

#### Narrated Ibn `Umar:

Allah's Messenger (pbuh) said,

"A believer eats in one intestine (is satisfied with a little food), and a kafir (unbeliever) or a hypocrite eats in seven intestines (eats too much).

## Hadith # 5395

#### Narrated `Amr:

Abu Nahik was avaricious eater. Ibn `Umar said to him, "Allah's Messenger (pbuh) said, "A Kafir (unbeliever) eats in seven intestines (eats much)."

On that Abu Nahik said, "But I believe in Allah and His Apostle."

### Hadith # 5396

#### Narrated Abu Huraira:

Allah's Messenger (pbuh) said,

"Muslim eats in one intestine (i.e. he is satisfied with a little food) while a Kafir (unbeliever) eats in seven intestines (eats much).

### Hadith # 5397

#### Narrated Abu Huraira:

A man used to eat much, but when he embraced Islam, he started eating less. That was mentioned to the Prophet (pbuh) who then said,

"A believer eats in one intestine (is satisfied with a little food) and a Kafir eats in seven intestines (eats much). "

# To eat while leaning

Hadith # 5398

Narrated Abu Juhaifa:

Allah's Messenger (pbuh) said,

"I do not take my meals while leaning (against something)."

# Hadith # 5399

Narrated Abu Juhaifa:

While I was with the Prophet (pbuh) he said to a man who was with him,

"I do not take my meals while leaning."

# Roasted (meat)

### Hadith # 5400

#### Narrated Khalid bin Al-Walid:

"A roasted mastigure was brought to the Prophet (pbuh) who stretched his hand towards it to eat it. But it was said to him, "It is a mastigure." So he withdrew his hand.

Khalid asked, "Is it unlawful to eat?" the Prophet said, "No, but it is not found in the land of my people and that is why I do not like eating it."

So Khalid started eating (it) while Allah's Messenger (pbuh) was looking at him.

An-Nadr said: 'Al-Khazira' (is prepared) from bran while 'Al-Harira' is prepared from milk.

# Al-Khazira (dish prepared with while flour and fat)

### Hadith # 5401

#### Narrated 'Urban bin Malik: (Badri Ansar)

He came to the Prophet (pbuh) and said, "O Allah's Apostle! I have lost my eyesight and I lead my people in the prayer (as an Imam). When it rains, the valley which is between me and my people, flows with water, and then I cannot go to their mosque to lead them in the prayer. O Allah's Messenger (pbuh)! I wish that you could come and pray in my house so that I may take it as a praying place. The Prophet (pbuh) said, "Allah willing, I will do that."

The next morning, soon after the sun had risen, Allah's Messenger (pbuh) came with Abu Bakr. The Prophet (pbuh) asked for the permission to enter and I admitted him. The Prophet (pbuh) had not sat till he had entered the house and said to me, "Where do you like me to pray in your house?" I pointed at a place in my house whereupon he stood and said, "Allahu Akbar." We lined behind him and he prayed two rak`at and finished it with Taslim.

We then requested him to stay for a special meal of Khazira which we had prepared. A large number of men from the adjoining area gathered in the house. One of them said, "Where is Malik bin Ad-Dukhshun?" Another man said, "He is a hypocrite and does not love Allah and His Apostle." The Prophet said, "Do not say so. Do you not think that he has said: "None has the right to be worshipped but Allah," seeking Allah's pleasure?

The man said, "Allah and His Apostle know better, but we have always seen him mixing with hypocrites and giving them advice."

The Prophet (pbuh) said,

"Allah has forbidden the (Hell) Fire for those who testify that none has the right to be worshipped but Allah, seeking Allah's pleasure. "

Al-Aqit (dried yoghourt)

### Hadith # 5402

#### Narrated Ibn `Abbas:

My aunt presented (roasted) mastigures, Aqit and milk to the Prophet (pbuh). The mastigures were put on his dining sheet, and if it was unlawful to eat, it would not have been put there. The Prophet (pbuh) drank the milk and ate the Aqit only.

# As-Salq (a kind of beet) and barley

### Hadith # 5403

#### Narrated Sahl bin Sa`d:

We used to be happy on Fridays, for there was an old lady who used to pull out the roots of Silq and put it in a cooking pot with some barley. When we had finished the prayer, we would visit her and she would present that dish before us.

So we used to be happy on Fridays because of that, and we never used to take our meals or have a mid-day nap except after the Friday prayer.

By Allah, that meal contained no fat.

# To seize or catch flesh with the teeth (while eating).

# Hadith # 5404

#### Narrated Ibn 'Abbas:

The Prophet (pbuh) ate of the meat of a shoulder (by cutting the meat with his teeth), and then got up and offered the prayer without performing the ablution anew.

### Hadith # 5405

Narrated Ibn 'Abbas:

The Prophet (pbuh) took out a bone with meat on it from a cooking pot and ate of it, and then offered the prayer without performing ablution anew.

# To eat the flesh of a foreleg (by stripping the bone of its meat with the teeth).

### Hadith # 5406 Narrated Abu Qatada:

We went out towards Mecca with the Prophet.

### Hadith # 5407

#### Narrated Abu Qatada:

Once, while I was sitting with the companions of the Prophet (pbuh) at a station on the road to Mecca and Allah's Messenger (pbuh) was stationing ahead of us and all the people were assuming Ihram while I was not. My companion, saw an onager while I was busy Mending my shoes. They did not Inform me of the onager but they wished that I would see it Suddenly I looked and saw the onager.

Then I headed towards my horse, saddled it and rode, but I forgot to take the lash and the spear. So, I said to them my companions), "Give me the lash and the spear." But they said, "No, by Allah we will not help you in any way to hunt it ' I got angry, dismounted, took it the spear and the lash), rode (the horse chased the onager and wounded it Then I brought it when it had dyed. My companions started eating of its (cooked) meat, but they suspected that it might be unlawful to eat of its meat while they were in a state of Ihram

Then I proceeded further and I kept one of its forelegs with me. When we met Allah's Apostle, we asked him about that. He said, "Have you some of its meat with you?" I gave him that foreleg and he ate the meat till he stripped the bone of its flesh although he was in a state of Ihram.

# To cut the meat with a knife

# Hadith # 5408 Narrated `Amr bin Umaiyya:

That he saw the Prophet (pbuh) holding a shoulder piece of mutton in his hand and cutting part of it with a knife.

Then he was called for the prayer whereupon he put down the shoulder piece and the knife with which he was cutting it, and then stood for prayer without performing ablution again.

# The Prophet (saws) never criticized any food.

### Hadith # 5409

#### Narrated Abu Huraira:

The Prophet (pbuh) never criticized any food (he was invited to) but he used to eat if he liked the food, and leave it if he disliked it.

# To blow barley (to remove the husk)

#### Hadith *#* 5410

#### Narrated Abu Hazim

that he asked Sahl, "Did you use white flour during the lifetime of the Prophet (pbuh)?"

Sahl replied, "No.

Hazim asked, "Did you use to sift barley flour?" He said, "No, but we used to blow off the husk (of the barley).

# What the Prophet and his Companions used to eat.

### Hadith # 5411

### Narrated Abu Huraira:

Once the Prophet (pbuh) distributed dates among his companions and gave each one seven dates. He gave me seven dates too, one of which was dry and hard, but none of the other dates was more liked by me than that one, for it prolonged my chewing it.

### Hadith # 5412

#### Narrated Sa`d:

I was one of (the first) seven (who had embraced Islam) with Allah's Messenger (pbuh) and we had nothing to eat then, except the leaves of the Habala or Hubula tree, so that our stool used to be similar to that of sheep.

Now the tribe of Bani Asad wants to teach me Islam; I would be a loser and all my efforts would be in vain (if I learn Islam anew from them).

## Hadith # 5413

#### Narrated Abu Hazim:

I asked Sahl bin Sa`d, "Did Allah's Messenger (pbuh) ever eat white flour?"

Sahl said, "Allah's Messenger (pbuh) never saw white flour since Allah sent him as an Apostle till He took him unto Him."

I asked, "Did the people have (use) sieves during the lifetime of Allah's Messenger (pbuh)?"

Sahl said, "Allah's Messenger (pbuh) never saw (used) a sieve since Allah sent him as an Apostle until He took him unto Him,"

I said, "How could you eat barley unsifted?" he said, "We used to grind it and then blow off its husk, and after the husk flew away, we used to prepare the dough (bake) and eat it."

### Hadith # 5414

### Narrated Abu Huraira:

That he passed by a group of people in front of whom there was a roasted sheep. They invited him but he refused to eat and said,

"Allah's Messenger (pbuh) left this world without satisfying his hunger even with barley bread."

Hadith *#* 5415

#### Narrated Anas bin Malik

The Prophet (pbuh) never took his meals at a dining table, nor in small plates, and he never ate thin wellbaked bread.

The sub-narrator asked Qatada, "Over what did they use to take their meals?" Qatada said, "On leather dining sheets."

# Hadith # 5416

#### Narrated `Aisha:

The family of Muhammad had not eaten wheat bread to their satisfaction for three consecutive days since his arrival at Medina till he died.

# At-Talbina (kind of dish of flour or bran)

#### Hadith # 5417

### Narrated `Aisha:

That whenever one of her relatives died, the women assembled and then dispersed (returned to their houses) except her relatives and close friends. She would order that a pot of Talbina be cooked. Then Tharid (a dish prepared from meat and bread) would be prepared and the Talbina would be poured on it.

`Aisha would say (to the women),"Eat of it, for I heard Allah's Messenger (pbuh) saying, The Talbina soothes the heart of the patient and relieves him from some of his sadness.' "

# Ath-Tharid (a dish prepared from meat and bread)

#### Hadith # 5418

#### Narrated Abu Musa Al-Ash`ari:

The Prophet (pbuh) said,

"Many men reached perfection but none among the women reached perfection except Mary, the daughter of ' Imran, and Asia, Pharoah's wife. And the superiority of `Aisha to other women is like the superiority of Tharid to other kinds of food.

#### Hadith *#* 5419

#### Narrated Anas:

The Prophet (pbuh) said,

"The superiority of `Aisha to other women is like the superiority of Tharid to other kinds of food. "

#### Hadith # 5420

#### Narrated Anas:

I went along with the Prophet (pbuh) to the house of a young tailor of his. The tailor presented a dish of Tharid to the Prophet (pbuh) and resumed his work.

The Prophet (pbuh) started picking the pieces of gourd and I too, started picking them and putting it before him. Since then, I have always loved (to eat) gourd.

# A roasted sheep

### Hadith # 5421

#### Narrated Qatada:

We used to visit Anas bin Malik while his baker was standing (and baking). Anas would say,

"Eat! I do not know that the Prophet (pbuh) had ever seen well-baked bread till he met Allah, nor had he ever seen a roasted sheep with his own eyes."

#### Hadith # 5422

#### Narrated `Amr bin Umaiyay Ad-Damri:

I saw Allah's Messenger (pbuh) cutting part of the shoulder of mutton with a knife. He ate of it and then was called for prayer whereupon he got up and put down the knife and offered the prayer without performing new ablution.

# Storage of food in the houses and on a journey

#### Hadith *#* 5423

#### Narrated `Abis:

I asked `Aisha "Did the Prophet (pbuh) forbid eating the meat of sacrifices offered on `Id-ul-Adha for more than three days"

She said, "The Prophet (pbuh) did not do this except in the year when the people were hungry, so he wanted the rich to feed the poor. But later we used to store even a trotter of a sheep to eat it fifteen days later."

She was asked, "What compelled you to do so?" She smiled and said,

"The family of Muhammad did not eat to their satisfaction white bread with meat

soup for three successive days till he met Allah."

Hadith # 5424

Narrated Jabir

We used to carry the meat of the Hadis (sacrificed animals) to Medina during the life-time of the Prophet

# Al-Hais (dish prepared from dried yoghourt, butter and dates).

Hadith # 5425

#### Narrated Anas bin Malik:

Allah's Messenger (pbuh) said to Abu Talha, "Seek one of your boys to serve me." Abu Talha mounted me behind him (on his riding animal) and took me (to the Prophet (pbuh)). So, I used to serve Allah's Messenger (pbuh) whenever he dismounted (to stay somewhere).

I used to hear him saying very often,

#### "O Allah!

I seek refuge with You from, having worries sadness, helplessness, laziness, miserliness,

# cowardice, from being heavily in debt and from being overpowered by other persons unjustly."

I kept on serving till we returned from the battle of Khaibar. The Prophet (pbuh) then brought Safiyya bint Huyai whom he had won from the war booty. I saw him folding up a gown or a garment for her to sit on behind him (on his shecamel). When he reached As-Sahba', he prepared Hais and placed it on a dining sheet. Then he sent me to invite men, who (came and) ate; and that was his and Safiyya's wedding banquet.

Then the Prophet proceeded, and when he saw (noticed) the mountain of Uhud, he said,

#### "This mountain loves us, and we love it."

When we approached Medina, he said,

#### "O Allah!

I make the area between its two mountains a sanctuary as Abraham has made Mecca a sanctuary. O Allah! Bless their Mudd and Sa (special kinds of measure).

# Eating in a dish decorated with silver

#### Hadith *#* 5426

#### Narrated `Abdur-Rahman bin Abi Laila:

We were sitting in the company of Hudhaifa who asked for water and a Magian brought him water. But when he placed the cup in his hand, he threw it at him and said, "Had I not forbidden him to do so more than once or twice?" He wanted to say, "I would not have done so,"

adding, "but I heard the Prophet saying,

"Do not wear silk or Dibaja, and do not drink in silver or golden vessels, and do not eat in plates of such metals, for such things are for the unbelievers in this worldly life and for us in the Hereafter."

# The mention of food

### Hadith # 5427 Narrated Abu Musa Al-Ash`ari:

Allah's Messenger (pbuh) said,

- "The example of a Believer who recites the Qur'an, is that of a citron which smells good and tastes good;

- And the example of a Believer who does not recite the Qur'an, is that of a date which has no smell but tastes sweet;

- and the example of a hypocrite who recites the Qur'an, is that of an aromatic plant which smells good but tastes bitter;

- and the example of a hypocrite who does not recite the Qur'an, is that of a colocynth plant which has no smell and is bitter in taste."

### Hadith # 5428

#### Narrated Anas:

The Prophet (pbuh) said,

"The superiority of `Aisha to other ladies is like the superiority of Tharid to other kinds of food."

# Hadith # 5429

#### Narrated Abu Huraira:

The Prophet (pbuh) said,

"Traveling is a kind of torture, as it prevents one from sleeping and eating! So when one has finished his job, he should return quickly to his family."

# Al-Udm (additional food taken with bread).

# Hadith # 5430

### Narrated Qasim bin Muhammad:

Three traditions have been established because of Barira:

- `Aisha intended to buy her and set her free, but Barira's masters said, "Her wala' will be for us." `Aisha mentioned that to Allah's Messenger (pbuh) who said, "You could accept their condition if you wished, for the wala is for the one who manumits the slave."

- Barira was manumitted, then she was given the choice either to stay with her husband or leave him;

- One day Allah's Messenger (pbuh) entered `Aisha's house while there was a cooking pot of food boiling on the fire. The Prophet (pbuh) asked for lunch, and he was presented with bread and some extra food from the home-made Udm (e.g. soup). He asked, "Don't I see meat (being cooked)?" They said, "Yes, O Allah's Apostle! But it is the meat that has been given to Barira in charity and she has given it to us as a present." He said, "For Barira it is alms, but for us it is a present."

# Sweet edible things and honey.

### Hadith # 5431

#### Narrated `Aisha:

Allah's Messenger (pbuh) used to love sweet edible things and honey.

### Hadith # 5432

#### Narrated Abu Huraira:

I used to accompany Allah's Messenger (pbuh) to fill my stomach; and that was when I did not eat baked bread, nor wear silk. Neither a male nor a female slave used to serve me, and I used to bind stones over my belly and ask somebody to recite a Qur'anic Verse for me though I knew it, so that he might take me to his house and feed me.

Ja`far bin Abi Talib was very kind to the poor, and he used to take us and feed us with whatever was available in his house, (and if nothing was available), he used to give us the empty (honey or butter) skin which we would tear and lick whatever was in it.

# Ad-Dubba' (gourd)

### Hadith # 5433 Narrated Anas:

Allah's Messenger (pbuh) went to (the house of) his slave tailor, and he was offered (a dish of) gourd of which he started eating. I have loved to eat gourd since I saw Allah's Messenger (pbuh) eating it.

# To prepare a meal for (Muslim) brethren

### Hadith # 5434

#### Narrated Abu Mas`ud Al-Ansari:

There was a man called Abu Shu'aib, and he had a slave who was a butcher. He said (to his slave), "Prepare a meal to which I may invite Allah's Messenger (pbuh) along with four other men."

So he invited Allah's Messenger (pbuh) and four other men, but another man followed them whereupon the Prophet (pbuh) said, "You have invited me as one of five guests, but now another man has followed us. If you wish you can admit him, and if you wish you can refuse him." On that the host said, "But I admit him."

Narrated Muhammad bin Isma`il:

If guests are sitting at a dining table, they do not have the right to carry food from other tables to theirs, but they can pass on food from their own table to each other; otherwise they should leave it.

# Who invited for meal, then went to carry on his job

#### Hadith # 5435 Narrated Anas:

I was a young boy when I once was walking with Allah's Messenger (pbuh). Allah's

Messenger (pbuh) entered the house of his slave tailor and the latter brought a dish filled with food covered with pieces of gourd. Allah's Apostle started picking and eating the gourd.

When I saw that, I started collecting and placing the gourd before him. Then the slave returned to his work.

Anas added: I have kept on loving gourd since I saw Allah's Messenger (pbuh) doing what he was doing.

# Soup

# Hadith # 5436

#### Narrated Anas bin Malik

A tailor invited the Prophet (pbuh) to a meal which he had prepared, and I went along with the Prophet (pbuh). The tailor presented barley bread and soup containing gourd and cured meat. I saw the Prophet (pbuh) picking the pieces of gourd from around the dish, and since then I have kept on liking gourd.

# Cured meat

## Hadith # 5437

#### Narrated Anas:

I saw the Prophet (pbuh) being served with soup and containing gourd and cured meat, and I saw him picking and eating the pieces of gourd.

### Hadith # 5438

#### Narrated `Aisha:

The Prophet (pbuh) did not do that (i.e., forbade the storage of the meat of sacrifices for three days) except (he did so) so that the rich would feed the poor.

But later we used to keep even trotters to cook, fifteen days later.

The family of Muhammad did not eat wheat bread with meat or soup to their satisfaction for three successive days.

# To present something to one across the dining table

Hadith # 5439 Narrated Anas bin Malik: A tailor invited Allah's Messenger (pbuh) to a meal which he had prepared. I went with Allah's Messenger (pbuh) to that meal, and the tailor served the Prophet (pbuh) with barley bread and soup of gourd and cured meat. I saw Allah's Messenger (pbuh) picking the pieces of gourd from around the dish, and since then I have kept on liking gourd.

# The eating of snake cucumber with fresh dates

### Hadith # 5440

#### Narrated `Abdullah bin Ja`far bin Abi Talib:

I saw Allah's Messenger (pbuh) eating fresh dates with snake cucumber.

### Hadith # 5441

#### Narrated Abu `Uthman:

I was a guest of Abu Huraira for seven days. Abu Huraira, his wife and his slave used to get up and remain awake for one-third of the night by turns. Each would offer the night prayer and then awaken the other.

I heard Abu Huraira saying, "Allah's Messenger (pbuh) distributed dates among his companions and my share was seven dates, one of which was a Hashafa (a date which dried on the tree before it was fully ripe).

Hadith # 5441b

#### Narrated Abu Huraira:

The Prophet (pbuh) distributed dates among us, and my share was five dates, four of which were good, and one was a ,Hashafa, and I found the Hashafa the hardest for my teeth.

## Fresh and dry dates, eating of a spadix of the palm tree.

#### Hadith *#* 5442

Aisha said, "When Allah's Messenger (pbuh) died, we had been satisfied by the two black things, i.e., dates and water."

#### Hadith # 5443

#### Narrated Jabir bin `Abdullah:

There was a Jew in Medina who used to lend me money up to the season of plucking dates. That year the land was not promising, so the payment of the debt

was delayed one year. The Jew came to me at the time of plucking, but gathered nothing from my land. I asked him to give me one year respite, but he refused. This news reached the Prophet (pbuh) whereupon he said to his companions, "Let us go and ask the Jew for respite for Jabir."

All of them came to me in my garden, and the Prophet (pbuh) started speaking to the Jew, but he Jew said, "O Abu Qasim! I will not grant him respite."

When the Prophet (pbuh) saw the Jew's attitude, he stood up and walked all around the garden and came again and talked to the Jew, but the Jew refused his request. I got up and brought some ripe fresh dates and put it in front of the Prophet. He ate and then said to me, "Where is your hut, O Jabir?" I informed him, and he said, "Spread out a bed for me in it." I spread out a bed, and he entered and slept.

When he woke up, I brought some dates to him again and he ate of it and then got up and talked to the Jew again, but the Jew again refused his request. Then the Prophet (pbuh) got up for the second time amidst the palm trees loaded with fresh dates, and said, "O Jabir! Pluck dates to repay your debt."

The Jew remained with me while I was plucking the dates, till I paid him all his right, yet there remained extra quantity of dates. So I went out and proceeded till I reached the Prophet and informed him of the good news, whereupon he said, "I testify that I am Allah's Messenger (pbuh)."

#### Hadith # 5444

### Narrated `Abdullah bin `Umar:

While we were sitting with the Prophet, fresh dates were brought to him. The Prophet (pbuh) said, "There is a tree among the trees which is as blessed as a Muslim" I thought that it was the date palm tree and intended to say, "It is the date-palm tree, O Allah's Messenger (pbuh)!" but I looked behind to see that I was the tenth and youngest of ten men present there, so I kept quiet' Then the Prophet (pbuh) said, "It is the date palm tree."

# Al-'Ajwa (a special kind of date)

## Hadith # 5445

#### Narrated Sa`d:

Allah's Messenger (pbuh) said,

"He who eats seven 'Ajwa dates every morning, will not be affected by poison or magic on the day he eats them."

# To eat two dates at a time

#### Hadith # 5446 Narrated Jabala bin Subaim.:

At the time of Ibn Az-Zubair, we were struck with famine, and he provided us with dates for our food. `Abdullah bin `Umar used to pass by us while we were eating, and say, "Do not eat two dates together at a time, for the Prophet (pbuh) forbade the taking of two dates together at a time (in a gathering)."

Ibn `Umar used to add, "Unless one takes the permission of one's companions."

# The snake cucumber

Hadith # 5447 Narrated `Abdullah bin Ja`far:

I saw the Prophet (pbuh) eating fresh dates with snake cucumbers.

# The goodness of the date-palm tree.

## Hadith # 5448

#### Narrated Ibn `Umar:

The Prophet (pbuh) said,

"There is a tree among the trees which is similar to a Muslim (in goodness), and that is the date palm tree."

# The taking of two kinds of fruit or food at a time.

Hadith # 5449

Narrated `Abdullah bin Ja`far:

I saw Allah's Messenger (pbuh) eating fresh dates with snake cucumbers.

# Whoever admitted the guests in batches of ten persons (by turns)

Hadith # 5450 Narrated Anas: My mother, Um Sulaim, took a Mudd of barley grain, ground it and made porridge from it, and pressed (over it), a butter skin she had with her. Then she sent me to the Prophet, and I reached him while he was sitting with his companions. I invited him, whereupon he said, "And those who are with me?'

I returned and said, "He says, 'And those who are with me?" Abu Talha went out to him and said, "O Allah's Messenger (pbuh)! It is just a meal prepared by Um Sulaim."

The Prophet (pbuh) entered and the food was brought to him. He said, "Let ten persons enter upon me." Those ten entered and ate their fill. Again, he said, 'Let ten (more) enter upon me." Those ten entered and ate their fill. Then he said, "Let ten (more) enter upon me." He called forty persons in all Then Allah's Messenger (pbuh) ate and got up. I started looking (at the food) to see if it decreased or not.

# The eating of garlic or other (bad smelling).

# Hadith # 5451

#### Narrated `Abdul `Aziz:

It was said to Anas "What did you hear the Prophet (pbuh) saying about garlic?" Anas replied,

"Whoever has eaten (garlic) should not approach our mosque."

#### Hadith # 5452

#### Narrated Jabir bin `Abdullah

The Prophet (pbuh) said,

"Whoever has eaten garlic or onion should keep away from us (or should keep away from our mosque).'

# Al-Kabath, i.e., the leaves of Al-Arak

### Hadith # 5453

### Narrated Jabir bin `Abdullah:

We were with Allah's Messenger (pbuh) collecting Al-Kabath at Mar-Az-Zahran. The Prophet (pbuh) said, "Collect the black ones, for they are better." Somebody said, (O Allah's Messenger (pbuh)!) Have you ever shepherded sheep?"

He said, "There has been no prophet but has shepherded them. "

# To rinse the mouth after taking meals

### Hadith # 5454

#### Narrated Suwaid bin An Nu`man:

We went out with Allah's Messenger (pbuh) to Khaibar, and when we reached As-Sahba', the Prophet (pbuh) asked for food, and he was offered nothing but Sawiq. We ate, and then Allah's Messenger (pbuh) stood up for the prayer.

He rinsed his mouth with water, and we too, rinsed our mouths.

### Hadith # 5455

#### Narrated Suwaid:

We went out with Allah's Messenger (pbuh) to Khaibar. and when we reached As-Sahba', which (Yahya says) is one day' journey from Khaibar, the Prophet (pbuh) asked for food, and he was offered nothing but Sawiq which we chewed and ate.

Then the Prophet (pbuh) asked for water and rinsed his mouth, and we too, rinsed our mouths along with him. He then led us in the Maghrib prayer without performing ablution again.

# To lick and suck the fingers

### Hadith # 5456

#### Narrated Ibn `Abbas:

The Prophet (pbuh) said, 'When you eat, do not wipe your hands till you have licked it, or had it licked by somebody else."

# The handkerchief.

# Hadith # 5457

#### Narrated Sa`id bin Al-Harith:

He asked Jabir bin `Abdullah about performing ablution after taking a cooked meal. He replied, "It is not essential," and added,

"We never used to get such kind of food during the lifetime of the Prophet except rarely; and if at all we got such a dish, we did not have any handkerchiefs to wipe our hands with except the palms of our hands, our forearms and our feet. We would perform the prayer thereafter with-out performing new ablution."

# What one should say after finishing one's meal.

# Hadith # 5458

#### Narrated Abu Umama:

Whenever the dining sheet of the Prophet (pbuh) was taken away (i.e., whenever he finished his meal), he used to say:

الحمد لله كثيرا طيبا مباركا فيه، غير مكفي،

ولا مودع ولا مستغنى عنه، ربنا

All praise be to Allah, the Most Pure and the Blessed, that we could not fulfill the right of this food in full

and it has not been forsaken forever (and this is said so that) it does not make us feel careless. Oh our Lord!

## Hadith # 5459

#### Narrated Abu Umama:

Whenever the Prophet (pbuh) finished his meals (or when his dining sheet was taken away), he used to say.

"Praise be to Allah Who has satisfied our needs and quenched our thirst.

Your favor cannot by compensated or denied."

Once he said,

upraise be to You, O our Lord! Your favor cannot be compensated,

nor can be left, nor can be dispensed with, O our Lord!"

To eat with one's servant

### Hadith # 5460

#### Narrated Abu Huraira:

The Prophet (pbuh) said,

"When your servant brings your food to you, if you do not ask him to join you, then at least ask him to take one or two handfuls, for he has suffered from its heat (while cooking it) and has taken pains to cook it nicely."

# A person who thanks Allah after taking his meals.

### Hadith # 5461

#### Narrated Abu Mas`ud Al-Ansari:

There was an Ansari man nicknamed, Abu Shu'aib, who had a slave who was a butcher. He came to the Prophet (pbuh) while he was sitting with his companions and noticed the signs of hunger on the face of the Prophet (pbuh). So he went to his butcher slave and said, "Prepare for me a meal sufficient for five persons so that I may invite the Prophet (pbuh) along with four other men."

He had the meal prepared for him and invited him. A (sixth) man followed them.

The Prophet (pbuh) said, "O Abu Shu'aib! Another man has followed us. If you wish, you may invite him; and if you wish, you may refuse him."

Abu Shu'aib said, "No, I will admit him."

# If supper or dinner is served (when Salat is due).

#### Hadith *#* 5462

#### Narrated `Amr bin Umaiyya:

That he saw Allah's Messenger (pbuh) cutting a piece of mutton from its shoulder part he was carrying in his hand.

When he was called for prayer, he put it down and the knife with which he was cutting it. Then he stood up and offered the prayer without performing new ablution.

### Hadith # 5463

#### Narrated Anas bin Malik:

The Prophet (pbuh) said,

If supper is served and the Iqama for (Isha) prayer is proclaimed, start with you supper first."

#### Hadith # 5464

#### Narrated Nafi:

Once Ibn Umar was taking his supper while he was listening to the recitation of (Quran by) the Imam (in the Isha prayer).

Hadith # 5465 Narrated Aisha: The Prophet (pbuh) said,

"If the Iqama for (`Isha') prayer is proclaimed and supper is served, take your supper first."

# "And when you have taken your meal disperse."

### Hadith # 5466

#### Narrated Anas:

I know (about) the Hijab (the order of veiling of women) more than anybody else. Ubai bin Ka`b used to ask me about it. Allah's Messenger (pbuh) became the bridegroom of Zainab bint Jahsh whom he married at Medina. After the sun had risen high in the sky, the Prophet (pbuh) invited the people to a meal. Allah's Apostle remained sitting and some people remained sitting with him after the other guests had left.

Then Allah's Messenger (pbuh) got up and went away, and I too, followed him till he reached the door of `Aisha's room.

Then he thought that the people must have left the place by then, so he returned and I also returned with him. Behold, the people were still sitting at their places. So he went back again for the second time, and I went along with him too. When we reached the door of `Aisha's room, he returned and I also returned with him to see that the people had left.

Thereupon the Prophet (pbuh) hung a curtain between me and him and the Verse regarding the order for (veiling of women) Hijab was revealed.



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